

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag																																																																																																																																																	
		1	2	3 Tag der dt. Einheit	4	5																																																																																																																																																	
6	7	8	9	10	11	12																																																																																																																																																	
13	14	15	16	17	18	19																																																																																																																																																	
20	21	22	23	24	25	26																																																																																																																																																	
27	28	29	30	31																																																																																																																																																			
		Legende Training Kein Training Feiertag Nordrhein-Westfalen		September 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>36</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>37</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>38</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>39</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>40</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr></table>		Wo	M	D	M	D	F	S	S	36	1	2	3	4	5	6	7	37	8	9	10	11	12	13	14	38	15	16	17	18	19	20	21	39	22	23	24	25	26	27	28	40	29	30						Oktober 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>40</td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr><tr><td>41</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>42</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>43</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>44</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr></table>	Wo	M	D	M	D	F	S	S	40			1	2	3	4	5	41	6	7	8	9	10	11	12	42	13	14	15	16	17	18	19	43	20	21	22	23	24	25	26	44	27	28	29	30	31			November 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>44</td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr><tr><td>45</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>46</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>47</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>48</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr></table>	Wo	M	D	M	D	F	S	S	44						1	2	45	3	4	5	6	7	8	9	46	10	11	12	13	14	15	16	47	17	18	19	20	21	22	23	48	24	25	26	27	28	29	30
Wo	M	D	M	D	F	S	S																																																																																																																																																
36	1	2	3	4	5	6	7																																																																																																																																																
37	8	9	10	11	12	13	14																																																																																																																																																
38	15	16	17	18	19	20	21																																																																																																																																																
39	22	23	24	25	26	27	28																																																																																																																																																
40	29	30																																																																																																																																																					
Wo	M	D	M	D	F	S	S																																																																																																																																																
40			1	2	3	4	5																																																																																																																																																
41	6	7	8	9	10	11	12																																																																																																																																																
42	13	14	15	16	17	18	19																																																																																																																																																
43	20	21	22	23	24	25	26																																																																																																																																																
44	27	28	29	30	31																																																																																																																																																		
Wo	M	D	M	D	F	S	S																																																																																																																																																
44						1	2																																																																																																																																																
45	3	4	5	6	7	8	9																																																																																																																																																
46	10	11	12	13	14	15	16																																																																																																																																																
47	17	18	19	20	21	22	23																																																																																																																																																
48	24	25	26	27	28	29	30																																																																																																																																																

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag																																																																																																																																																							
										1 Allerheiligen		2																																																																																																																																																							
3		4		5		6		7		8		9																																																																																																																																																							
10		11		12		13		14		15		16																																																																																																																																																							
17		18		19		20		21		22		23																																																																																																																																																							
24		25		26		27		28		29		30																																																																																																																																																							
				Legende Training Kein Training Feiertag Nordrhein-Westfalen				Oktober 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>40</td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr><tr><td>41</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>42</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>43</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>44</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	40			1	2	3	4	5	41	6	7	8	9	10	11	12	42	13	14	15	16	17	18	19	43	20	21	22	23	24	25	26	44	27	28	29	30	31			November 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>44</td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr><tr><td>45</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>46</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>47</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>48</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr></table>				Wo	M	D	M	D	F	S	S	44						1	2	45	3	4	5	6	7	8	9	46	10	11	12	13	14	15	16	47	17	18	19	20	21	22	23	48	24	25	26	27	28	29	30	Dezember 2025 <table><tr><th>Wo</th><th>M</th><th>D</th><th>M</th><th>D</th><th>F</th><th>S</th><th>S</th></tr><tr><td>49</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>50</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>51</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>52</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>01</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	49	1	2	3	4	5	6	7	50	8	9	10	11	12	13	14	51	15	16	17	18	19	20	21	52	22	23	24	25	26	27	28	01	29	30	31				
Wo	M	D	M	D	F	S	S																																																																																																																																																												
40			1	2	3	4	5																																																																																																																																																												
41	6	7	8	9	10	11	12																																																																																																																																																												
42	13	14	15	16	17	18	19																																																																																																																																																												
43	20	21	22	23	24	25	26																																																																																																																																																												
44	27	28	29	30	31																																																																																																																																																														
Wo	M	D	M	D	F	S	S																																																																																																																																																												
44						1	2																																																																																																																																																												
45	3	4	5	6	7	8	9																																																																																																																																																												
46	10	11	12	13	14	15	16																																																																																																																																																												
47	17	18	19	20	21	22	23																																																																																																																																																												
48	24	25	26	27	28	29	30																																																																																																																																																												
Wo	M	D	M	D	F	S	S																																																																																																																																																												
49	1	2	3	4	5	6	7																																																																																																																																																												
50	8	9	10	11	12	13	14																																																																																																																																																												
51	15	16	17	18	19	20	21																																																																																																																																																												
52	22	23	24	25	26	27	28																																																																																																																																																												
01	29	30	31																																																																																																																																																																

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag																																																																																																																																																							
1		2		3		4		5		6		7																																																																																																																																																							
8		9		10		11		12		13		14																																																																																																																																																							
15		16		17		18		19		20		21																																																																																																																																																							
22 Advent		23 Advent		24		25 1. Weihnachtsfeiertag		26 2. Weihnachtsfeiertag		27		28																																																																																																																																																							
29		30		31																																																																																																																																																															
				Legende Training Kein Training Feiertag Nordrhein-Westfalen				November 2025 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>44</td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr><tr><td>45</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>46</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>47</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>48</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr></table>				Wo	M	D	M	D	F	S	S	44						1	2	45	3	4	5	6	7	8	9	46	10	11	12	13	14	15	16	47	17	18	19	20	21	22	23	48	24	25	26	27	28	29	30	Dezember 2025 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>49</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>50</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>51</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>52</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>01</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	49	1	2	3	4	5	6	7	50	8	9	10	11	12	13	14	51	15	16	17	18	19	20	21	52	22	23	24	25	26	27	28	01	29	30	31					Januar 2026 <table><tr><td>Wo</td><td>M</td><td>D</td><td>M</td><td>D</td><td>F</td><td>S</td><td>S</td></tr><tr><td>01</td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>02</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>03</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>04</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>05</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr></table>				Wo	M	D	M	D	F	S	S	01				1	2	3	4	02	5	6	7	8	9	10	11	03	12	13	14	15	16	17	18	04	19	20	21	22	23	24	25	05	26	27	28	29	30	31	
Wo	M	D	M	D	F	S	S																																																																																																																																																												
44						1	2																																																																																																																																																												
45	3	4	5	6	7	8	9																																																																																																																																																												
46	10	11	12	13	14	15	16																																																																																																																																																												
47	17	18	19	20	21	22	23																																																																																																																																																												
48	24	25	26	27	28	29	30																																																																																																																																																												
Wo	M	D	M	D	F	S	S																																																																																																																																																												
49	1	2	3	4	5	6	7																																																																																																																																																												
50	8	9	10	11	12	13	14																																																																																																																																																												
51	15	16	17	18	19	20	21																																																																																																																																																												
52	22	23	24	25	26	27	28																																																																																																																																																												
01	29	30	31																																																																																																																																																																
Wo	M	D	M	D	F	S	S																																																																																																																																																												
01				1	2	3	4																																																																																																																																																												
02	5	6	7	8	9	10	11																																																																																																																																																												
03	12	13	14	15	16	17	18																																																																																																																																																												
04	19	20	21	22	23	24	25																																																																																																																																																												
05	26	27	28	29	30	31																																																																																																																																																													